



“WATER” FOOTBALL

Water sport specialist offers “Water Football” activities.

“Feels good to kick the ball while the water is cooling you down. Ideal summer activity. Fun, refreshing and safe,” says a rep.

Participants must follow safety standards found [here].

Registration is now open.

Based at Pembroke Gardens.

For information, contact:

Water Football Malta on 9987 3172



“WAKEBOARD”

Coach offers “Wakeboarding” lessons for beginners.

“Surfer lifestyle is unique and connects you deeply with nature. Water sport activities to enjoy the sea to its fullest,” says Valerio Cicconi.

Maximum two students per lesson, ensuring personal attention.

State-of-the-art communication system with the instructor while on the water.

Also provided is life jacket and wakeboard.

For information, contact:

Malta Surf School on 7902 4009



“GIBOARD”

Specialist introduces “Giboard” slackline fitness boards.

“Not only will they challenge your balance and core strength, but they’ll also help strengthen your feet and improve your overall foot health,” says Clint Schembri.

QR code on board for access to tutorials and exercises.

Maximum load with one line is 100 kilograms.

Wood from the EU FCS approved.

Made by Gibbon.

Online shop is used in Malta.

For information, contact:

Barefoot Shack on 7930 0366



“BESTWAY”

Home department store offers range of “swimming” pools.

“Get ready to make a splash this summer with our fantastic range of above-ground pools and accessories,” says a rep.

Brands include Bestway, Intex Xq and Aqua Speed.

Various sizes of above ground and inflatable products.

Other water activity gear and accessories also in-stock.

Stores in Mriehel, at The Point and now at Shoreline in Kalkara and also in Zejtun. Soon opening in Mosta.

Reminder to check the opening hours.

For information, contact:

Homemate on 2326 2000





“SPINNING”

Specialist in “Spinning” opens new studio.

“Ready for a party. Takes you to that place where you can let go, and leaves you feeling powerful and confident,” says Zara Ameen.

Exercises can be scaled to fitness level, strength and mobility.

Located in Naxxar and now also in St. Julian’s.

For information, contact:

Drive Fitness at @drivefitnessmt



“GAIAM”

Pro-quality “Gaiam” mats for beginners are in-stock.

“Durable, yet lightweight exercise yoga mats are extra-thick for the additional cushioning your joints need during any yoga or fitness routine,” says a rep.

Various lengths, colours and pattern designs [here].

Made by Gaiam.

Blocks, straps, bags, grippy gloves and grippy socks also available.

Ask your fitness centre or yoga teacher.