



“POLUS”

Recipient of the 2018 Top Whitening System, “Polus” treatment is now available at the dental clinic.

“Do not need to worry about teeth sensitivity issues which may be associated with other systems. Designed with a temperature monitor and cooling system that removes heat output,” says a rep.

Featuring a variety of industry leading innovations, the system has been awarded by the The Dental Advisor for eight consecutive years.

Treatment takes up to an hour and is available at the clinic located in Luqa.

For information, contact:

My Smile on 2180 4385

“INVISALIGN”

World's first clear aligners, “Invisalign” now available at the dental care clinic.

“Comfortable, clear and removable. No one will know you are wearing them,” says a rep.

Custom-made using proprietary material, aligners are designed to treat open bite, deep bite, crossbite, underbite, gapped teeth.

Treatment takes up to 30 weeks to complete, with regular followups throughout.

Clinic is located in Naxxar.

For information, contact:

Spiteri Dental Clinic on 2143 0990





“BALANCE BOWL”

Unlimited “nutrition” bar opens in Gzira.

“Breakfast, the most important meal of the day,” says Barbara Blaszak.

“We offer tasty home made food and the space to chillax, read and study.”

Serving vegan meals for breakfast, lunch and dinner.

The unlimited nutrition bar runs 12pm to 3pm and 7pm to 10pm.

Take away and loyalty card options are now available.

For information, contact:

Balance Bowl on 2732 0556



“JAPANESE” TEA

Local online shop offers organic “Japanese” teas.

“Selected stems are steamed right after harvest to prevent oxidation so that all the nutrients are reserved,” says Sumie Nakamura, the brand specialist.

Varieties available include Matcha, Sencha, Genmaicha and Kariganecha.

“Don't throw away the leaves after you make teas, because you can eat it by adding to rice, pasta, omelette, and using it as chicken marinade.”

Free tea tasting sessions are being held at various locations throughout the winter.

For information, contact:

J-okini on 2484 8023



“MORNFLAKE”

High-protein breakfast range by “Mornflake” is now available in Malta.

“Creamy, coconutty and topped with fresh fruit, this is high protein breakfast at its best,” says a rep.

Range of oat based products include vegan, organic and gluten free.

Brand of cereals has been awarded the International Grand Medaille D’Or multiple times at the World’s Cereals Exhibitions.

Available from leading supermarkets and health shops.





Photo by Sunstar

“HYDRAL”

Dental care brand's “Hydral” range now available in Malta.

“Moisturizes the mouth to provide immediate and long-lasting relief and comfort, as well as protection from the damage dryness can cause,” says the brand specialist.

Made by Sunstar, the Gentle Uletic Massage (GUM) range is made specifically to treat dry mouth.

Range includes moisturising gel, toothpaste and mouthwash.

Available from dental care specialists and pharmacies.



Photo via Bionaif video

“BIONAIF”

Postural insoles made in Italy, “Bionaif” available in-store.

“Flat feet, fallen arches or high arch are common problems,” says a rep.

Product test and consultation is offered at the pharmacy located in Zejtun.

For information, contact:

Health Junction Pharmacy on 2166 1644

