



Photo by Geoffrey Photography

## “REFLEXOLOGY”

Soon available at the clinic will be “Reflexology” service.

“Once in the treatment room the only one that matters is you. You want to feel pampered, peaceful and relaxed,” says Christina Borg Saydon.

Reflexology is a system of massage used to relieve tension, based on reflex points on the feet, hands, and head that link to every part of the body.

Also offering aromatherapy, “Pure essential oils will be used with care.”

Clinic is situated in Rabat, open Tuesday to Friday 9am to 7pm, except Thursday 2pm to 7pm, Saturday 8am to 2pm.

**For information, contact:**

Aroma Beauty Clinic on 2145 6609



## “GOURMET LOUNGE” TAKEAWAY

The supermarket's new Gourmet Lounge offers salads for “takeaway”.

“It's now easier to stay off those calories. Make your own, lunch is now ready,” says the counter manager.

“We are hustle and bustle every morning preparing everything fresh. Prepared with love for our customers.”

Store located in Naxxar opens 8am to 8pm Monday to Saturday, as well as, on Sunday 9am to 5pm.

**For information, contact:**

Valyou Supermarket on 2338 2338





## “BAMBOO” BRISTLES

Wooden toothbrushes with “bamboo” bristles are now in-stock.

“Many years of experience with natural products,” says Stefano.

Bristles are medium strength and come in four colours to choose from.

Shop in Fgura offers 100 percent certified organic products. Colour coded online catalogue indicates vegan, free from gluten or traces of milk and eggs.

“If you always thought that eating healthy meant giving up taste, as well as a lot of your free time, let us prove you wrong,” adds Sonia.

**For information, contact:**  
Hames Sensi on 7703 8663



## “GF” SWEETS

Cafe now offers “gluten-free” desserts by Theobroma.

“We daily aim to improve and innovate, never stop searching, always looking forward,” says Clayton Xuereb.

Raw, vegan and gluten-free menu includes Espresso brownies, Peanut cups, Tahini cups, Mint bars, Coconut bars, Salted caramel truffles.

Also available is Molina Chai Latte, organic and fairtrade. Situated within the Yorkdale stationery in Naxxar, “Browse, shop, meet, sip and taste in an atmosphere you enjoy.”

Bus 21, 23, 31, 105 and 128 stop nearby.

**For information, contact:**  
Crème Cafe at Yorkdale on 2141 0549



## “BFREE”

New from the BFree range is “Sweet Potato” wraps.

“Only 95 calories. Ideal for your healthy perfect lunch treat or on the go snack,” says the wellness specialist.

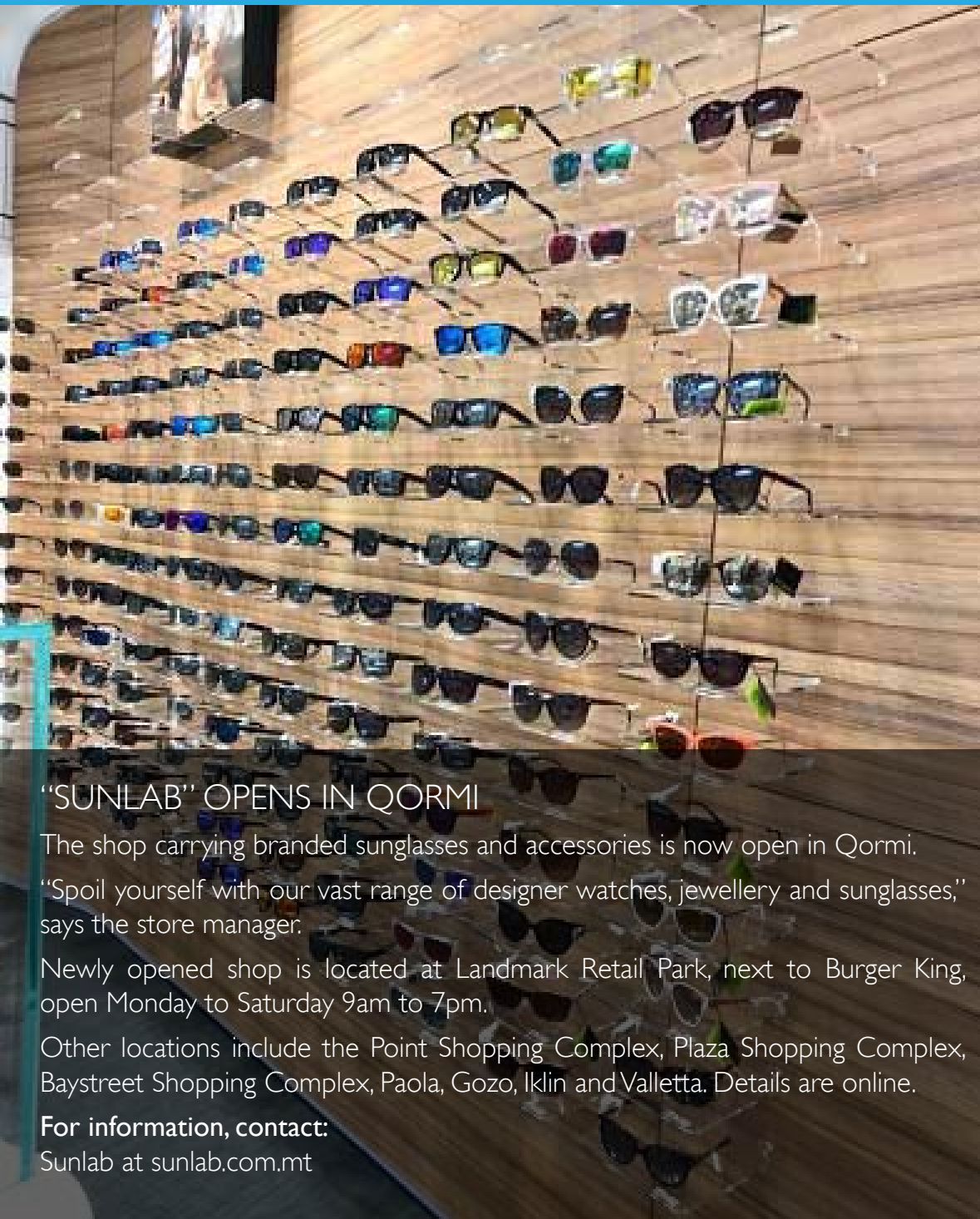
Wraps are wheat free, gluten-free and are a source of fibre and vitamin E, with no sugar added.

Specializing in food requirements for diets including gluten free, diabetic, vegetarian, lactose intolerant, nut free, egg free, sugar free, as well as, organic and natural foods, shop is located in Zurrieq.

Open Monday to Friday 8am to 1pm, 3pm to 6pm, Saturday 8am to 1pm.

**For information, contact:**  
Healthy Pantry on 2720 4722





## “SUNLAB” OPENS IN QORMI

The shop carrying branded sunglasses and accessories is now open in Qormi.

“Spoil yourself with our vast range of designer watches, jewellery and sunglasses,” says the store manager.

Newly opened shop is located at Landmark Retail Park, next to Burger King, open Monday to Saturday 9am to 7pm.

Other locations include the Point Shopping Complex, Plaza Shopping Complex, Baystreet Shopping Complex, Paola, Gozo, Iklin and Valletta. Details are online.

**For information, contact:**

Sunlab at [sunlab.com.mt](http://sunlab.com.mt)



Video image by Ray-Ban

## “UNISEX” RAY BAN

Coming soon, the “General” unisex sunglasses by Ray Ban.

“No outfit is complete without a pair of shades. Everything looks better with shades on,” says Laura Zahra.

Gold mount with classic green lens as shown, black mount with black gradient lens, silver mount with copper mirror lens and rose mount with grey gradient lens.

Offering a range of brand names, the online boutique provides free deliveries in Malta and Gozo.

**For information, contact:**

Shades Malta @shadesmalta

