



“FAT FREEZING”

Latest body “fat freezing” technology is now available in Gozo.

“For body contouring, body shaping, inch loss, fat freezing and cellulite reduction. All works together with nutrition, diet food plan and physical activity advice,” says Gustine Tabone.

Technically known as 'cryolipolysis', the treatment aims to destroy fat cells by relying on extreme cooling. Non-invasive procedure.

Salon is located in Victoria, Gozo with a clinic now open in Naxxar.

For information, contact:

Changes Beauty Clinic on 2156 1618



“FIRST” ANNIVERSARY

It's a first year anniversary for the dental care clinic.

“You can make oral hygiene fun for your kids. Try letting them pick out their own toothbrushes and toothpaste flavour,” says Dr. Andrea Agius.

Teeth whitening treatments for at home-use is available.

Located in Balzan, clinic hours are Monday and Friday 9am to 1pm, 2pm to 6:30pm, Tuesday 9am to 6:30pm, Wednesday, Thursday and Saturday 9am to 1pm.

For information, contact:

Agius Dental Clinic on 2144 3945



One source to **wellness news** in Malta and Gozo, get more [here]

Acupuncture and Chiropractic ■ Alternative Lifestyle and Coaching ■ Dental and Eye Care ■ Massage and Physio Therapy ■ Nutrition and Diet ■ Spa Retreat Centres



“SCHOLL”

This year's “summer” foot wear collection from Scholl now in-stock.

“Includes all the most contemporary and urban models.” says a brand rep.

“Designed biomechanically and not simply drawn on paper or electronically. Guarantees a correct fit, stability for the foot.”

The brand offers a blog featuring a problem and solution section, foot health, as well as, a style and comfort guide.

Local foot care centre is located in Victoria, Gozo.

For information, contact:

Abela's Health Centre on 2155 6170



“SUNGLASS” AT ARKADIA

Eye wear specialist opened a new location in Gozo.

“Dedicated to fashion sunglasses and backed by years of optical experience. Sunglasses and frames to suit every budget and taste,” says the specialist.

Summer collection includes various styles by Arnette (a style shown above), Burberry, Vogue, Oakley, Ray Ban, Dolce and Gabbana, as well as, the special Tribute range by Versace.

Now open at Arkadia in Victoria, Gozo.

Also located on Republic Street in Valletta.

For information, contact:

Sunglass + Sunlass @sunglassandsunglass



“MONTBLANC”

Eye wear by “Montblanc” now available at the outlet located on Tower Road.

“We are proud to introduce Montblanc is now part of this year's amazing collection,” says the specialist.

Other in-store collections include Gucci, Jimmy Choo, Boss, Fendi, Dunhill, as well as, hand-made frames by Bottega Veneta.

Sliema store open Monday to Saturday 9am to 7:30pm.

“We stock a large variety of eye drops that suits your eyes needs, including dry, burning, stinging.”

For information, contact:

K-Optics Sliema on 2132 4640





“CHARCOAL” WHITENING

Stock of Dr. Organic teeth whitening “Charcoal” toothpaste is now available.

“Combines the cleansing properties of active charcoal with the caring active ingredients of natural extracts,” says the brand specialist.

Active ingredients include aloe vera, silica, Icelandic moss, active charcoal and aescin.

Stocking organic foods and natural remedies, shop is located in Santa Venera.

For information, contact:

AyurVeda on 2722 4455



“MULTI-COLOUR” BRACES

Now offering braces in “multi-colour” style.

“You can have them multi-coloured,” says the orthodontist.

Other services include cosmetic dentistry and teeth whitening. “We can help you regain your confidence when restoring your teeth or replacing missing teeth.”

Birkirkara clinic opens Monday to Friday 9am to 7pm, Saturday 9am to 12pm.

For information, contact:

St. Anne's Dental Clinic on 21470522



Guide to your favourite value brands, how much and where to buy [here]